



Sharing Insight on the Road to Recovery

Kelly & Brad Marsh

Love Stroke
THE BOOK

The text 'Love Stroke' is in a large, bold, dark blue font, with 'THE BOOK' in a smaller, all-caps, dark blue font below it. The letters in 'Love Stroke' have small, colorful dots (red, yellow, green, blue) scattered throughout them. A decorative blue line with a circular dot at its end runs across the bottom of the page.

What to Expect

- Inspiring story of young stroke & recovery
- Unique perspective from patient and caregiver POV
- “If We Only Knew” excerpts from the book, *Love Stroke*
- New Foundation, One Stroke Forward, Inc.
- Q&A

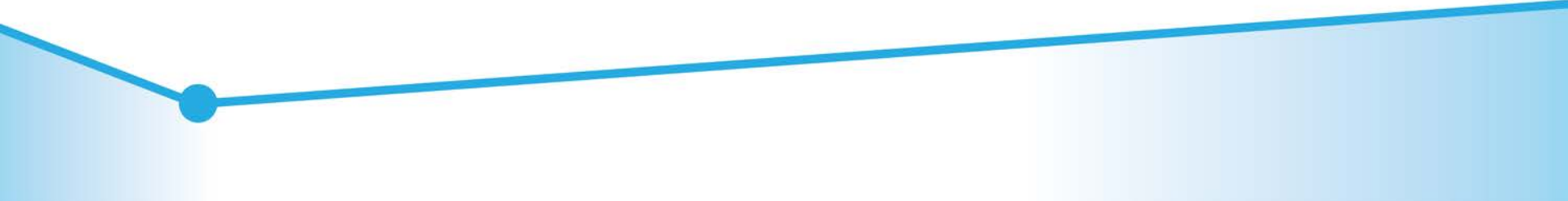
<https://www.youtube.com/watch?v=M2AOjp7K2M4>

Our Story

- Relationship
- The day everything changed
- ICU
- Waking up
- Realization & the work
- Going home
- New normal



If We Only Knew

- Warning signs
 - Awareness & advocacy
 - ICU 101
 - Inpatient rehab tips
 - Welcome back
 - Therapy & surgery
 - Going home
 - Visitors at home
 - You are in charge
 - Coming to terms
 - Setting goals is tough
 - Travel strategy
- 

One Stroke Forward

Our mission is to provide supplemental resources to younger stroke survivors and their families to help them maximize their recovery.

One Stroke Forward is the nation's first foundation focused on helping younger stroke survivors reach their full potential.

www.onestrokeforward.org



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REHABILITATION

We provide financial assistance to younger stroke survivors and families.



EDUCATION

We create stroke awareness and provide education for survivors and caregivers.



PARTNERSHIP

We support other community groups and nonprofits in their efforts to help stroke survivors make the most of life.



Love Stroke
THE BOOK

www.onestrokeforward.org

www.lovestrokethebook

Thank You!